

# green fetish

301 e mcbee ave. greenville, sc 29601 (864) 412-7982

mostly organic • sustainable • local when available • compostable products

no gluten • no msg • no gmos • no artificial flavoring • no joke

## in-house favorites

just remember that you can substitute ingredients as needed

## grain bowls

### iron man

spinach, quinoa, sustainable grilled trout, chickpeas, roasted broccoli, roasted potatoes, toasted pumpkin seeds, fresh lime squeeze, ranch dressing **13.95**

### ohana bowl

turmeric rice, sustainable marinated tuna poké, mangoes, fresh jalapenos, scallions, avocado, toasted pine nuts, toasted coconuts, ginger miso dressing **13.95**

### carnivore

spinach, brown rice, grass-fed steak, roasted potatoes, roasted mushrooms, bacon, ginger miso dressing **13.95**

### get the guac

brown rice, organic grilled chicken, pico de gallo, grilled corn, black beans, guacamole, pepper jack cheese, fresh lime squeeze, chipotle lime dressing **12.95**

### king of curry

quinoa, kale, organic grilled chicken, cilantro, spicy roasted chickpeas, roasted sweet potatoes, roasted brussels sprout, toasted coconut, fresh lime squeeze, coconut curry dressing **11.95**

### buddha's feast v

arugula, brown rice, sweet gochujang tofu, heirloom cherry tomatoes, spicy roasted chickpeas, roasted sweet potatoes, avocado, thai peanut dressing **11.95**

## build your own bowl or wrap 8.95+

lots of room for creativity here

- 1 choose up to two bases  
(each additional + 1.5)
- 2 choose four fruits or veggies  
(each additional + 1)
- 3 choose a dressing
- 4 choose one dry topping  
(each additional +.75)

### bases v

organic kale  
organic spinach  
organic romaine  
organic arugula  
lemony rocket  
brown rice  
turmeric rice  
forbidden rice  
quinoa

### proteins

organic grilled chicken 4  
grass-fed steak 6  
sustainable shrimp 6  
sustainable grilled trout 7  
sustainable marinated tuna poké 6  
organic sweet gochujang tofu v 4  
tempeh v 5  
black beans v 2

### premium toppings

cage-free soft-boiled egg 1

## green bowls

### high steaks

lemony rocket, romaine, grass-fed steak, heirloom cherry tomatoes, red onion, bacon, goat cheese, chia seeds, balsamic vinaigrette **13.95**

### romaine caesar

romaine, organic grilled chicken, parmesan cheese, gluten-free croutons, caesar dressing **9.95**

### thai hard

kale, forbidden rice, sustainable shrimp, shredded carrots, purple cabbage, cucumber, basil, toasted cashews, fresh lime squeeze, thai peanut dressing **13.95**

### act of cobb

lemony rocket, romaine, grilled organic chicken, heirloom cherry tomatoes, bacon, bleu cheese, avocado, boiled egg, ranch dressing **12.95**

### veganism v

kale, quinoa, sweet gochujang tofu, pomegranate seeds, spicy roasted chickpeas, pumpkin seeds, sweet cashew dressing **9.95**

### berry good

arugula, quinoa, organic grilled chicken, strawberries, apples, pecans, walnuts, bleu cheese, lemon vinaigrette dressing **11.95**

## little bowl 6.95

only for children 10 and under

- 1 choose one base
- 2 choose two fruit or veggies
- 3 choose one protein
- 4 choose a dressing

### fruits + veggies v

purple cabbage	scallions
shredded carrots	basil
celery	cilantro
chickpeas	strawberries
grilled corn	apples
spicy roasted chickpeas	blueberries
edamame	seasonal fruit
fresh jalapenos	mangoes
olives	
red onion	roasted broccoli
sweet peppers	roasted brussels sprouts
pico de gallo	roasted cauliflower
heirloom cherry tomatoes	roasted potatoes
spicy roasted chickpeas	roasted mushrooms
watermelon radish	roasted sweet potatoes

### dry toppings v

cashews	chia seeds
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bacon 1.5  
pepper jack cheese 1.5  
parmesan cheese 1.5  
bleu cheese 1.5  
white cheddar cheese 1.5  
goat cheese 1.5  
vegan cheddar cheese 2  
vegan white cheddar cheese 2  
avocado half v 2  
guacamole v 3

## soups 4.95

two seasonal soups (ask us about our soups!)  
add any soup to any bowl or wrap for +3.95

## smoothies

adaptogens +2 | collagen protein, spirulina, vegan protein,  
probiotics, matcha, turmeric

### detox v 9

kale, spinach, celery, apple, ginger, lemon, coconut water

### glow up 10

blueberries, banana, strawberries, dates, collagen protein, coconut  
milk

### good matcha v 9

spinach, banana, agave nectar, matcha, vanilla almond milk

### strawberry basil v 9

strawberries, basil, black cherry, banana, vanilla almond milk

### coffee date v 8

coffee, banana, dates, almond milk

### oat to joy v 9

banana, oats, peanut butter, cinnamon, agave, almond milk

## toast

made with two pieces of udi's gluten free toast

### avocado v 8

avocado, lemon squeeze, sea salt, pepper, sesame seeds, arugula

### r u nuts 5

cream cheese, honey, walnuts

### elvis 6

peanut butter, banana, bacon, maple syrup

### ab&j v 5

almond butter, local strawberry jam, granola

### kinda like bagel 5

cream cheese, everything but bagel seasoning, honey or jam

### jammin' out 7

cream cheese, local strawberry jam, pistachios

## drinks

house-made juices 4

kombucha

hot/iced coffee 3.5

organic dark roast, decaf

sparkling water

hot/iced tea 3.5

organic variety

bottled wine

pecans  
walnuts  
pine nuts  
sunflower seeds  
pumpkin seeds

sesame seeds  
dried cranberries  
golden raisins  
shredded coconut  
gluten-free croutons

## house-made dressings v

ranch  
caesar  
tahini goddess  
sweet cashew  
balsamic vinaigrette  
coconut curry  
lemon vinaigrette

chipotle lime  
ginger miso  
thai peanut  
sriracha  
organic coconut aminos  
olive oil  
balsamic vinegar

## smoothie bowls

adaptogens +2 | collagen protein, spirulina, vegan protein,  
probiotics, matcha, turmeric

### acai v 10

base acai, banana, blueberries

toppings banana, strawberries, chia seeds, granola

### pretty princess v 10

base pitaya, banana, strawberries, almond milk

toppings banana, strawberry, granola, goji berries

### coconutty v 10

base banana, peanut butter, cacao, coconut milk

toppings coconut flakes, banana, cacao nibs, celery

### abocado 11

base avocado, banana, honey, peanut butter, coconut milk

toppings coconut flakes, granola, flax seeds, strawberries

### berry good v 11

base acai, spinach, banana, blueberries, almond milk

toppings banana, blueberries, granola, flax seeds

### ocean's ate v 11

base pineapple, banana, spirulina, almond milk

toppings banana, blueberries, granola, sprinkles

## superfood lattes

served hot or cold

### cacao latte v 5

coconut milk, cacao

### matcha latte v 5

almond milk, matcha

### golden milk v 5

almond milk, turmeric, ginger, cinnamon, maple syrup, black pepper

### chai latte v 5

almond milk, black tea, spices + herbs

### dory latte v 6

almond milk, spirulina, sprinkles

### honey lavender latte 6

lavender tea, coconut milk, honey

## temptations

vegan soft serve 5

two seasonal flavors (ask us about our flavors!)